

### A little bit about me:

I enjoy spending time on the sea with my family. I am an early riser and enjoy reading – knowledge is power! I like to run 3 times a week to keep fit and clear my head before I start my working day. I have a determined interest about staff wellbeing and believe that a person-centred approach can support us to develop resilience, workplace wellbeing and that happy staff make for happy, safe high-quality care that is sustainable.

# Hello my name is Sandy Fletcher



# Clinical/Professional experience

I am a Clinical Lead Speech and Language Therapist. I previously worked as a clinical governance and quality lead across an integrated therapies servicel. As an adult speech and language therapist, I have worked in both the UK and Australia, in acquired neurology, oncology and specialist palliative care. My interests include AHP leadership at all levels, workforce transformation, promoting joy in work and advocating for service users..

## **Practice Educator experience**

I have worked as a practice educator and assessor throughout my 21-year career as an SLT. Supporting pre-reg students, preceptees and I am a qualified workplace coach.

I worked as a clinical placement lead in clinic research across universities supporting BSc and MSc pre-reg students on placement in the clinic. This has influenced and inspired my approach to learning and teaching.

#### Our team

In our team, we have 2 band 5 SLT's, 2 Band 6 SLT's and I am the band 7. We have 2 fabulous SLT Assistants and you will get to work with several different colleagues within the MDT, AHP's and other connecting services while you are on placement.

#### How you can help me

- 1. Ask questions and be curious. We can deliver great things when there is a clear ask and we understand the expectations of us. If you are unsure or need help/signposting please ask.
- 2. Feedback is a two-way street. As we have more students, we learn more about what makes a successful placement and so it is important to me that we are collaborators in this process to ensure you get the best learning experience whilst you are on placement. I appreciate it when people are straight with me and tell me how it is and value adult-adult interactions.
- **3. Act with positive intent.** Be prepared that if you come to my open door with frustrations I will support and empower you to leave with positive purposeful actions.
- **4. Make work fun.** Work is far more enjoyable when we can be at our best and make it enjoyable. It is easier to put in effort when you are enjoying what you are doing.